



# MARK YOUR CALENDARS

We are excited to announce that we are bringing back the bands this June. Two wonderful nights of rock n roll music and dancing with popular Gold Coast Bands.

## **Route 66- Friday 7<sup>th</sup> June**

## **The Mustangs – Sat 8<sup>th</sup> June**

Our ticketed dances with live Rock n Roll bands were well attended last year. We are set to bump up the numbers this year and have sent out flyers across Australia.

Tickets - One night \$20 pp

Two night special - \$35pp

group bookings welcome

- Partner dancing during breaks
- Large dance floor with reserved seating
- Licensed Venue with parking onsite
- Located in the heart of Coolangatta



Bookings will open soon so watch this space.

<https://www.coolangattaseniors.com.au/rock-n-roll-dance-party-june-2019/>

## **Number 41 -Time for Fun**

Bingo was a founding activity for this centre and a big revenue raiser in times past. Over the last 5+ years our player numbers have been falling away and have not replenished. We have sustained the large game payouts of \$850 and 3 jackpots offering over \$1300 per week in hopes that more would come along. Over the last 6 months the activity is barely covering its own costs. So, we are making some big changes to try and **save Bingo**. As of 2<sup>nd</sup> April 2019 our game payouts and jackpots will change to reflect the attendance. Our club looks forward to your continued support and patronage of existing and new players. Join us **Tuesdays eyes down 9.30am**.

## **“All on board the Cruise-ship of fun”**

*Welcome aboard our new members this month! Many of our new members are blown away by the variety of activities we offer. A new member last week commented that she kept on hearing good things about our centre in the community so finally took the step to join the membership.*

Our club could be compared to a cruise ship. A social and recreational ship moored right in the heart of Coolangatta. The Coolangatta Cruise Ship of Fun.

Our club relies heavily on its crew, our two paid staff and over 45+ volunteers. Our crew do many jobs to ensure you the members (passengers) have a good time when you come onboard. Key volunteers to the club operations are the Management Committee. In fact, we could not operate the association without a Committee. **We are broadcasting this important passenger alert loud for all to hear:** Our captain and some of the crew are planning to leave their posts at the end of their term. We need passengers with sea-ready legs to approach the bridge and serve on our mighty ship.

Hundreds of members just like YOU have served on this ship over the last 41 years. Sixteen different captains (presidents) have stood at the helm. If you have a passion for recreational pursuits and well-being of seniors. Have good communication skills and can work in a team. Then YOU are who we need to step up. We are looking to recruit up to 6 cruise directors. One of whom is prepared to be our new Captain to keep us all on course. Book in a bridge tour see what it takes to keep this ship afloat and running like a well-oiled ship. Our ship is sea worthy, with systems in place that make your job as easy as possible. Speak to our existing committee members or our Centre Coordinator

Our Annual General Meeting will be held Wednesday 19<sup>th</sup> June 2019 at 9am. Nominations for the Committee positions will be opened later in May.

## **PRESIDENT'S REPORT**

Hello to all our members and friends,

Another newsletter to keep you up to date with the day to day running of our club. Welcome to the **47 new members** since our last meeting. Many may not realise that our building/land is owned by council. To maintain control and management of the centre the council provides a list of **performance indicators**. Financial indicators include producing an **annual budget** to ensure the association returns a surplus each year. Activity fees are our main income stream. So, you see how vital it is that all activities return a surplus above the operating costs. Your management committee has prepared and approved a budget for the new financial year starting 1<sup>st</sup> April. Our cash projections look good allowing us to return around 75% of the surplus to progress **maintenance and projects** around the centre. Several committee members will be stepping off the Committee in June. I am one who will not be re-nominating for another term. I have completed two years and have enjoyed seeing many plans come to fruition. In line with our training earlier this year, shorter terms in office can assist to promote vibrancy in the association. **Could YOU be the new "face of our association"?** Are YOU passionate about seniors, social, recreational pursuits and overall wellbeing? We need a new treasurer and up to 5 committee members also. We have advertised the vacancies outside, hoping to attract interested professionals to join the Committee. All will be decided at our **Annual General Meeting set for Wednesday 19<sup>th</sup> June 2019** at 9am. Until next month, may you enjoy the activities of your choosing and may you give some serious thought to stepping up and fulfilling a role on our Committee.

**Brian Finch (President)**

## **COORDINATORS REPORT**

Dear Members & Visitors,

We received the interim report following our **Quality Review**. We successfully meet the 18 expected outcomes of the Home Care Standards. We still have a **few funded customer spots** available, so if you are My Aged Care approved. You can ask for a referral to Coolangatta Senior Citizens Centre Inc so that you can access the subsidised activity fees for funded customers. If you are just starting to **need help at home** I can help you with starting the assessment process. As advertised on the front page, we will be holding our **Rock n Roll Dances** again in June this year. Anyone interested in volunteering to help run the dances please see me. Details on how to purchase tickets will be released soon. Last year we raised over \$1000 for the club and we hope to improve on that figure this year.

**Chewing Gum** – Proving we all kids at heart, we often find chewing gum stuck under the tables and left in the cups. We have had to have the dishwasher repaired out

3 times in the last 6 months costing over \$200 each visit. Sticky residue has been found in the mechanics believed to be chewing gum. Please do not put your used chewing gum in the cups or reusable plastic glasses / bin. **Changes to activities:** Jackie will be away from 19<sup>th</sup> April until the end of May. Wednesday French class will move to Fridays 9am under replacement tutor Caroline. Tuesday Beginner French will continue under replacement tutor Monique. Calligraphy will be continue without a tutor. Yo-da Beats is moving to Friday mornings 9.30am from 5 April 2019. **Day Light Savings ends** on Sunday 7<sup>th</sup> April 2019 after which the Monday Mah-jong class will revert to a 9am start. Our Tuesday Poets & Writers class will move back to the 1.30pm start time. **Compulsory Volunteer Training** is scheduled for Friday 5<sup>th</sup> April 2019 from 9.30am to 12.00noon. This session is for all who missed the training run in September last year. We were lucky to be selected as one of the 6 GCCC venues to host the **'free seniors safety sessions'** bookings essential. See you around the halls! **Renae Barron (Centre Coordinator)**

## **Volunteer Meeting & Refresher Day**

Friday 5<sup>th</sup> April 2019 from 9.30 – 12 noon  
Morning tea provided

A fun morning for getting to know each other, to discuss some of the challenges in our roles, to refresh our knowledge of important procedures and processes. We will finish the morning celebrating achievements & highlights of the team.

**This is compulsory for all volunteers who did not attend the session in Sept 2018.**

Please RSVP directly to Centre Coordinator or by ph: 0755364050



**Be Connected**  
Every Australian online.

## **Tech Savy Seniors** **Every Wednesday 9am**

Please bring your own  
fully charged device  
(*ipad, tablet or laptop preferred*)

**Group Lesson using the**  
**Be Connected Topic Library**

# 5 REASONS TO TAKE UP INDOOR BOWLS

1. Rainy, windy, heatwave, we enjoy playing indoors in air-conditioned comfort all year round
2. There is nothing better than delivering an absolute shot after sending some doozies down the mat
3. It feels good to be part of a team, make new friends who celebrate or commiserate with you after every game
4. It's like party everyday with breaks for refreshments between games, sometimes there's even cake for birthdays
5. Bad back/neck or crook knees, our bowling arm helps those who can't bend still enjoy the game



*Pictured is Evelyn using the bowling arm and our Wednesday crew cheering her on.*

So, are YOU up for the challenge? You may dump a bowl or crack an egg, deliver a blocker or disturb the head. But with terminology like this, you know one thing for sure. You'll have a good time with this crew. Wednesdays 9.15am and Sundays 8.30am.

# YO-DA BEATS

A workout with a difference, combining cardio, strength training with yoga and dance elements. Designed for all fitness levels and ages. Let loose, get energised, tone up and rock out to great music!

Fridays starting 5/4/19  
9.30am – 10.30am  
With Sue and Cherie



# AUTUMN BALL



FRIDAY 12<sup>th</sup> April 2019  
6.30pm – 10pm

Theme Dress Optional  
Lucky Spot prizes  
BYO drinks  
"Shared Supper"  
Please bring a plate

# FOLK CLUB

Thursday 28<sup>th</sup> March 2019

Resident Band & Group Performances  
4.30pm onwards  
Drinks for sale  
no BYO,  
Gold coin entry



# Easter Bonnet Dance

Thursday 18<sup>th</sup> April 2019

Join us from 8.30am  
New Vogue Dance Program  
Shared morning tea, please bring a plate

## Important Dates to Remember

20/27 March	Tech Savy Seniors
28 <sup>th</sup> March	Folk Club
3, 10, 17, 24 April	Tech Savy Seniors
5 <sup>th</sup> April	Compulsory Volunteer Meeting / Training
7 <sup>th</sup> April	Daylight savings ends
12 <sup>th</sup> April	Autumn Ball
18 <sup>th</sup> April	Easter Bonnet Dance



## Free seniors safety session

Feeling safe and confident helps us to stay mobile and makes it easier to enjoy community life and recreational activities. Gold Coast seniors are invited to come along and learn strategies to help keep you safer at home and in the community. Topics will include personal safety, home security, scams and cyber safety.

**Tuesday 23 May, 10:00am – 12:30pm**  
**Coolangatta Seniors Centre**  
**2 Gerard Street, Coolangatta.**

Presenters will include the City of Gold Coast, Queensland Police Service and the Office of Fair Trading.

Places are limited. To secure your place, phone 07 5581 6642 or email your name and contact details to [liveable@goldcoast.qld.gov.au](mailto:liveable@goldcoast.qld.gov.au)



CITY OF  
**GOLDCOAST.**



## EX SYD\* SPLENDOR OF SINGAPORE TO SYDNEY - CARNIVAL SPLENDOR

17 Night Fly, Cruise & Stay from

**\$2,129\*** per person twin share

Cruise departs 25th November, 2019

### Itinerary

#### Pre-Cruise Itinerary

Day	Date	Port	Arrive	Depart
1	23/11	Fly Sydney to Singapore, own way to hotel		
2	24/11	Morning City Tour		
3	25/11	Own way to port, embark Carnival Splendor		

#### Cruise Itinerary

3	25/11	Singapore, Singapore		6.30pm
6	28/11	Benoa, Bali, Indonesia	7am	5.30pm
7	29/11	Komodo Island, Indonesia	10am	9pm
10	02/12	Darwin, Northern Territory, Australia	8am	7pm
14	06/12	Airlie Beach, Queensland, Australia	8am	5pm
16	08/12	Moreton Island, Queensland, Australia	8am	5pm
18	10/12	Sydney, NSW, Australia	6.30am	

Itinerary may vary by sailing date



Stateroom Type	Rate PP
IS - Interior Guarantee Stateroom	\$2,129
6A - Oceanview Stateroom	\$3,079
8A - Balcony Stateroom	\$3,679
JS - Junior Suite	\$4,839

**For Bookings:**

Ph (07) 5513 1433

[joanneat@bigpond.com](mailto:joanneat@bigpond.com)

PO Box 922 BANORA Point NSW 2486

Suite 15/8 Corporation Circuit

TWEED HEADS SOUTH NSW 2486

ATAS A10619 I ATA 0235976

Special is valid until  
**21st March 2019**



**COOLANGATTA SENIOR CITIZENS' CENTRE**

PH: (07) 55 36 4050

[www.coolangattaseniors.com.au](http://www.coolangattaseniors.com.au)